

# WEEKLY NEWS

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Term 1 2015-2016 September 14th to 25th





#### **Dear Parents**

To conclude our theme, "Nutrition and Fitness" the children had a wonderful time learning about the food pyramid and the different kinds of food that are important to our body.

They also learnt that a balanced diet should be observed in order to be healthy and strong!

This week, due to bad weather on Friday, we had to move our Fitness Day from September 25,2015 to next week's Friday, October 2, 2015.

We will continue singing to Mr. Sun for good weather next week so please look forward to Fitness day on October 2, 2015! On Monday we have our cooking around the world.

Be prepared to have your children's tastebuds will be tickled by the flavours of Argentinian cuisine with our very own Ms. Mariana to guide them in preparing some of the wonderful dishes of her home country.

On Wednesday we will be having our first emergency drill. Please pick your child up from Nakamachi Elementary School.

We would like to give you a quick reminder that our Winter School early registration discount period will end on September 30.

For active kids this winter kindly send your application form through email or snail mail on or before September 29,and complete the bank transfer on or before September 30, to take advantage of this wonderful offer!

Have a great weekend everyone!



DATES TO REMEMBER

28th. Cooking Around the World: ARGENTINA

30th. Emergency Drill

12th of October Teacher Development Day

16th Multicultural Market

20th Transportation Day

### COOKING AROUND THE WORLD

# This time is Argentina!

28th.

Monday September



ALFAJORCITOS DE MAICENA



15:20 to 16:00

ZAPALLITOS RELLENOS



# Emergency SEPTEM 30t

Please remember to pick-up your child at the Evacuation Area (Nakamachi Elementary School)

#### Drill

11:50AM
FOR HALF DAY
STUDENTS
2:40PM

FOR FULL DAY
STUDENTS





Let's celebrate cultural diversity!

# MULTICULTURAL

16th.

Friday October

Please prepare 10
individually
wrapped treats
from your culture.
This is a fun chance
for moms and dads
to cook with their
children.

# MARKET

The children will get an opportunity to learn about the diversity of cultures of different countries, their food, clothing, etc. On the day of the event, the children will sell their treat to their fittered. Please prepare a small pouch of iOC yen in ten IO yen coins. For your children can bring their own shopping has to shopping uses.

Please make a small poster with information about your culture. Some ideas for this would be clothing, food, maps, etc.



Yoga Station © 9:30 a.m.

If you prefer to go

directly to the museum,

please inform us asap via

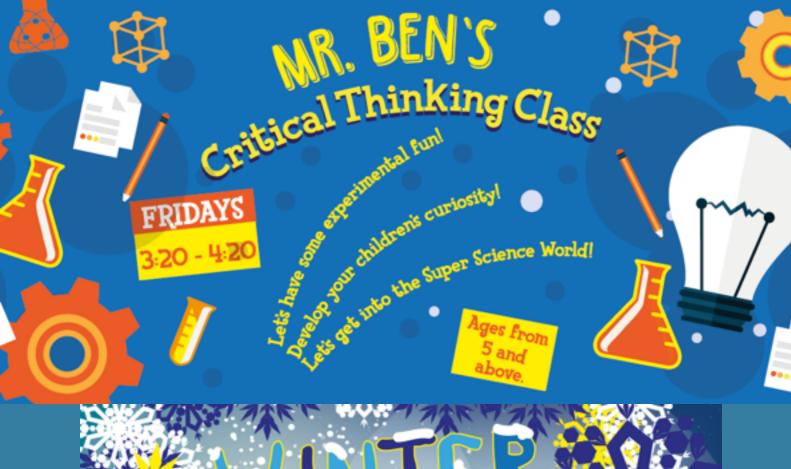
e-mail and we'll see you

in front of the museum

that day in the morning.

20th.

Tuesday October Please wear your Keiki T-shirt





Rabbit Labyrinth



# KIDS SAY THE FUNNIEST THINGS

For lights

Airi: But Rei is a caboose

Kanako: I mean before Julia, because then some of our friends can't see very well when

they leave the class.

Airi: So you and then Julia

Kanako: Yes

Airi: Julia is absent today

Kanako: Ohhhh (grumbles and mutters)

# HONI HONI CLASS



MESSAGE FROM THE TEACHER

Hello everyone! I hope everyone had a nice silver week! All the kids were so excited to be back at Keiki and we shared what we did on the holidays!

Our second theme 'Nutrition and Fitness' has finished! We learnt so many vegetables and fruits. We did colourful vegetable prints and also discussed which food is good for our health.

After we discussed, they all told me what they have for their snack and lunch. I am very happy that all the students brought a healthy snack and lunch every day! A big thank you to YOU!!

We also sang nursery rhymes 'One potato, Two potato'. They loved playing this game and we made a delicious potato salad! I hope they enjoyed it at the home!

Some toddler students, started to learn number and phonics. This theme we learnt number 1 and the letter A. They tried so hard as you can see in their work!

Please proud of them!!

From this week, I am going to start a nursery rhymes folder for everyone and a phonics book (for those who join in the afternoon, phonics class). Please see and encourage your child to review them by singing or dancing or in any fun way, and put them back in the art folder and return it to me every Monday.

Next theme, we will have an emergency drill and Multicultural Market. Please check the poster and let me know if you have any questions. I'm always happy to help you!

Have an amazing weekend!





### LAULIMA CLASS



Dear Parents,

Our second theme of Nutrition and Fitness is over.

During this short two weeks we learned about what kind of food is helping us to grow tall. Because my young friends want to be as tall and beautiful as their parents they all are thinking of what is best for them to eat.

We also try to understand what types of food there are. We all know that there are 4 groups of food: grain, vegetable and fruit, meat and dairy (or milk).

We also had out first Show and Tells about "what we like and not it food"!Thank you to all the parents for your time and your support with preparation of the posters!

As a part of our weekly time table we do our very best while we are having P.E. lessons.

But as a part of this theme we went extra mile with our workouts! We learnt how to do push-ups, jumping-jacks and frog jump.

For our cooking lessons that was our special activity we made together yummy hummus!

All of our friends had some after lunch and they still could not stop eating what they all cooked. It was easy but we all had to work together! For our letter we learnt two more! The letters C and D. As well as numbers 3 and 4.

We are looking forward to have fun during Fitness Day!

**Best Wishes** 

Ms. Tamara







### KOKUA CLASS











#### MESSAGE FROM THE TEACHER

Dear Parents,

I hope you all are keeping well! I first want to say a big thank you to everyone for your cooperation for fitness day. Sadly the weather didn't allow us to have one but don't worry the excitement with the kids continues for next Friday!!! I hope to see all the mums and dads there.

We enjoyed ourselves with this weeks theme. Kids have been doing amazing in class and making huge strives. From writing 1-100 to reading their first kipper books

They learnt about the importance of nutrition and fitness and how it works together to make your body get stronger and bigger.

This week as been a short one. Therefore no folders will be sent home. But homework will be sent home. Their homework relates to their first Kipper book.

So please make sure to read it with them, enjoy it and complete the work sheet.

Please remember to bring it in on Monday along with the reading book.

Have a wonderful weekend. Be safe be healthy and happy!

Kind Regards, Ms. Kiki

Be safe, Be healthy, Be happy...Ankita

### ANUE ANUE CLASS C



#### MESSAGE FROM THE TEACHER

Dear Parents,

Here we are at the end of September!

At last the humidity is going away and we can enjoy warm autumn days without being harassed by mosquitoes and other horrible summer bugs!

It's been a great few weeks here at Keiki. In Anue Anue C we've been taking a look at the importance of nutrition and fitness and how they relate to each other.

We discovered how to stay fit and healthy and even tried out some Olympic exercises, which were so hard!

Thank you to all the parents who made it to the Coffee Morning, it was really great to have a chance to speak with some of you, and I'm sure I will get plenty of opportunities to speak with anyone I missed in the future!

Next theme we'll be looking at Culture and Diversity across the world and I'm sure your children will have a great time moving forwards with Anue Anue!

Mr. Chris









# ANUE ANUE CLASS J



MESSAGE FROM THE TEACHER

#### Hello parents!

Firstly I would like to give a big welcome to the three new members of our class, namely Mio, Nacky and Loki. Our plant buddies for our little Science experiment on discovering the importance of water and light to a plant and therefore the impact of what good or bad nutrition has on us.

The plant's roles are: Mio (water, no sun) Loki (no water, sun) Nacky (water and sun)

Every morning the children have shared the duties of watering and monitoring the plants, the results at the moment is that Loki is dry and withered, Nacky looks great and Mio is yellow! The children are enjoying the change so much that I have agreed that the plants can stay one more week so we can observe further change.

The kids enjoyed giving me nutritional advice as I brought in a week's shopping that they sorted into a giant food pyramid, apparently I eat too many Sweets and Dairy and not nearly enough Grain hence my Panda eyes. Ouch! To add fun to this I have demonstrated to the kids how this has helped me as I have taken care to bring in especially healthy lunches and snacks for myself for the whole theme. They then passed on their knowledge to Anue C in a collage pyramid that is proudly on display by the stairs educating/reminding all the kids who pass it four times a day of where their food groups are.

The Fitness area is always a fun one as the children know that Mr Joe's imagination with gym equipment is the stuff of legend at Keiki, our Music and movement games are too numerous to list but I like to think the photos are self explanatory, be sure to check them out!

As well as considering who is the fittest in their families we also looked at athletes' exercise regimes and attempted to copy them ourselves (very lightly obviously) so the children could comprehend the scale of will and effort the sports stars on the telly go through to be where they are! The kids loved it!

Finally in terms of announcements I feel the children are settled and we will now progress towards writing development in their homework, every week the children will journal about their weekend so both myself and you can watch their progress over the year.







Every Monday morning they will talk of what they did. So this will be their literacy homework as well as the reading, which is their two homework a week, I will also add Math homework but not every week this early in the school year.

And so we push on, and I am loving it!

Hoping everyone had a great Silver Week!

**Best Wishes**